

# Trinicum price list

Last updated: 03/2024

valid from March 26th, 2024

## TRINICUM

Zentrum für Integrative Medizin  
und Schmerztherapie

### Consultation

First consultation	€ 210
Follow-up consultation	€ 165 <sup>1</sup>
General practitioner/ family practice	€ 110 <sup>1</sup>
Telemedicine information (by phone or video)	Depending on complexity and time frame

Follow-up consultations can also take place by phone or video.

A lump sum of € 60 will be charged for a short consultation.

<sup>1</sup> For appointments longer than 25 minutes, a time surcharge of € 45 will apply.

### Trinicum Checks

<b>Gastrointestinal check</b> <sup>2,3</sup> <ul style="list-style-type: none"><li>▪ Anamnesis interview and physical examination</li><li>▪ Nutrition and complaint analysis</li><li>▪ Nutritional survey and assessment of digestive performance</li><li>▪ Review of personal stress load</li><li>▪ Plan of action including targeted laboratory tests (such as blood tests, basic microbiome analysis, stool and urine tests, allergy tests, clarification of intolerances) and therapies, taking into account the individual life situation along with simple everyday health tips</li></ul>		€ 285
<b>Headache check</b> <sup>2</sup> <ul style="list-style-type: none"><li>▪ Anamnesis interview and physical examination</li><li>▪ If necessary, examination according to TCM</li><li>▪ Major neurological status</li><li>▪ First therapeutic measures</li><li>▪ Initiation of further examinations (if necessary)</li><li>▪ Plan of action including targeted therapies taking into account the individual life situation along with simple everyday health tips</li></ul>	75 minutes	€ 255
<b>Temporomandibular joint CMD</b> (Cranio-mandibular dysfunction) <ul style="list-style-type: none"><li>▪ Anamnesis interview and physical examination</li><li>▪ Special examination of the dental occlusion and the temporomandibular joint</li><li>▪ Discussion of the causes and influencing factors</li><li>▪ First therapeutic measures</li></ul>	50 minutes	€ 210
<b>Stroke prevention check</b> <sup>2</sup> <ul style="list-style-type: none"><li>▪ Anamnesis interview and physical examination</li><li>▪ Cardiac ultrasound</li><li>▪ Resting ECG (electrocardiography)</li><li>▪ Blood test including antibody test Covid-19</li><li>▪ Pulmonary function test (spirometry) incl. oxygen saturation</li><li>▪ Medical discussion of findings with an interdisciplinary medical perspective</li><li>▪ Plan of action including targeted therapies taking into account the individual life situation along with simple everyday health tips</li></ul>	75 minutes	€ 255

<sup>2</sup> Excluding laboratory services that cannot be billed directly to health insurance.

<sup>3</sup> Exclusive therapy services.

## Trinicum prevention packages

<p><b>General medical preventive care</b></p> <ul style="list-style-type: none"> <li>▪ Blood sampling with extended profile (blood lipids, thyroid, gamma-GT, Vit D, Vit B12, iron status, kidney and liver parameters, red blood count in women, CEA if suspected, PSA in men)</li> <li>▪ Urine and stool examination Hämoccult</li> <li>▪ Anamnesis</li> <li>▪ Physical examination</li> <li>▪ Vaccination record check</li> <li>▪ Spirometry</li> <li>▪ Detailed discussion of findings by general practitioner or specialist in internal medicine (subject to availability)</li> </ul> <p><b>Including advance appointment for blood sampling</b>  <b>+ Consultation regarding exercise and fitness<sup>4</sup></b></p>	<p>Approx. 25 minutes</p>	<p>€ 90</p>
<p><b>Basic internistic prevention</b></p> <p>Extension of the general preventive medical care to include the basic abdominal and cardiac examination:</p> <ul style="list-style-type: none"> <li>▪ ECG</li> <li>▪ Examination by specialist in internal medicine</li> <li>▪ Abdominal organs ultrasound (liver, gall bladder, pancreas, kidney) and thyroid gland</li> </ul> <p><b>Including preliminary appointment for blood sampling and ECG</b>  <b>+ Consultation regarding exercise and fitness<sup>4</sup></b></p>	<p>Approx. 55 minutes</p>	<p>€ 295</p>
<p><b>Internistic preventive care Premium</b></p> <p>Extension of the basic internal preventive care to include testing of the resilience of the cardiovascular system and examination of the carotid arteries for changes:</p> <ul style="list-style-type: none"> <li>▪ Cardiac ultrasound (echocardiography)</li> <li>▪ Ultrasound carotid arteries (Carotid Doppler)</li> <li>▪ Exercise ECG (electrocardiography) on bicycle ergometer</li> </ul> <p><b>Including preliminary appointment for blood sampling</b>  <b>+ Consultation regarding exercise and fitness<sup>4</sup></b></p>	<p>Approx. 85 minutes</p>	<p>€ 570</p>
<p><b>Urological screening</b></p> <ul style="list-style-type: none"> <li>▪ Kidney ultrasound</li> <li>▪ Urinary bladder ultrasound</li> <li>▪ Abdominal prostate ultrasound</li> <li>▪ Prostate examination (DRU) for men</li> <li>▪ Chemical urine analysis</li> </ul> <p><b>+ Consultation regarding exercise and fitness<sup>4</sup></b></p>	<p>Approx. 25 minutes</p>	<p>€ 165</p>

<sup>4</sup> When booking a Trinicum preventive care package, you will receive a voucher for a 25-minute individual consultation on exercise and fitness with an exercise therapist to the value of €50. (No cash redemption possible.)

<sup>2</sup> Excluding laboratory services that cannot be billed directly to health insurance.

Prices for general medical and internal medicine screening packages valid for simultaneous use of ÖGK screening and partial settlement of laboratory costs with the social insurance. Otherwise, the cost will increase by €73. Information on our insurance cooperations at [www.trinicum.com/versicherungen](http://www.trinicum.com/versicherungen). All preventive care packages can be supplemented with individual health measures. The Trinicum team of doctors will be happy to advise you.

## Psychological and psychotherapeutic support

Initial psychological interview with psychologist	15 minutes	free of charge
Psychological counseling / treatment / coaching	50 minutes	€ 120

<sup>1</sup> For follow-up appointments longer than 25 minutes, a time surcharge of € 45 will apply.

## Nutritional consultation / coaching

<b>First appointment</b> (detailed nutritional anamnesis interview, tongue and pulse diagnosis, survey of nutritional status, individual nutritional recommendations taking into account existing findings, including micronutrients, recipe folder)	50 minutes	150
<b>Follow-up appointment</b>	25/50 minutes	€ 65/95
<b>Teleconsultation</b> (by phone or video)	15 minutes	€ 45

## Physiotherapy

Physiotherapy	45 minutes	€ 95 <sup>2</sup>
Pelvic floor and postpartum physiotherapy	45 minutes	€ 95
Biofeedback therapy	45 minutes	€ 95

<sup>2</sup> The price for osteopathy applies, when being treated by an osteopath.

## Body therapy

Healing massage / segment therapy / fascia therapy	25/50 minutes	€ 55/85
Manual lymphatic drainage	25/50 minutes	€ 55/85
TCM and Tuina therapy	25/50 minutes	€ 75/115
Osteopathy	45 minutes	€ 115

## Trinicum Training

Membership	Monthly	from € 120
Training therapy	25/50 minutes	€ 55/85
Trinicum motor skills test	75 minutes	€ 110
Medimouse (3-dimensional spine measurement)	25 minutes	€ 65
Sports science performance diagnostics	75 minutes	€ 180
Medical spiroergometry (exercise ECG incl. sports medical performance diagnostics with physician and sports scientist)	90 minutes	€ 320
BIA (bio impedance analysis)	25 minutes	€ 49

Find out more at [www.trinicum.com/en-training](http://www.trinicum.com/en-training)

## Other therapies

ACP auto blood injection		€ 220
Acupuncture		€ 140
Acupuncture (first appointment)		€ 180
Medical osteopathy with acupuncture	45 minutes	€ 160
Cutaneous Capsaicin-patch Qutenza first appointment <sup>1</sup> (medical consultation, applying the patch, approval by head physician)	100 minutes	€ 120
Cutaneous Capsaicin-patch Qutenza second appointment (applying the patch)	90 minutes	€ 90
Electrotherapy excl. electrodes	25 minutes	€ 55
Electrotherapy incl. electrodes	25 minutes	€ 65
Functional myodiagnostics (FMD)	50 minutes	€ 210
Hemolaser	25 minutes	€ 120
Infiltration into a joint with Synvisc®-One	25 minutes	€ 398
Laser acupuncture	25 minutes	€ 125
Laser therapy	10/20 minutes	€ 50/80
Magnetic field therapy	10/20 minutes	€ 50/80
Spineliner	25 minutes	€ 120
Stem cell therapy (including preliminary talk)	120 minutes	€ 3.300
Ultrasound therapy	10/20 minutes	€ 50/80

<sup>1</sup> A medical prescription is required for this therapy. At Trinicum you can request this from your general practitioner.

## Individual services

Medical certificate	€ 85
Detailed report of findings or doctor's letter psychiatry/neurology for submission to public authorities	€ 110
Report of findings for physicians outside Trinicum	€ 85
Confirmations for insurances or rehab	€ 85
Blood sampling <sup>2</sup>	€ 35
Covid-19 basic antibody test (WHO standard)	€ 52
Covid-19 surrogate neutralization test (Gold standard)	€ 195
Specialist medical statement for driving a motor vehicle (Driver's license medical certificate)	€ 450
Vaccination without vaccine	€ 35
Statement for medications or medication list for physicians outside of Trinicum	€ 55
Micronutrient Profile (Ca,Fe,K,Cu, Mg,Mn,Mo,Se, Zn, small blood count, Vit B6, folic acid, Coenzyme Q10, including the actual blood testing)	€ 149

<sup>2</sup> Excluding laboratory services that cannot be billed directly to health insurance.

## Infusions

<b>Alpha lipoic acid</b> With alpha lipoic acid To improve metabolism and protect cells	45 minutes	€ 63
<b>Amino &amp; NAD+</b> With vitamin C, NAD+, amino acids To quickly recharge one's energy storage and increase performance	2 sessions of 60 minutes	€ 293
<b>Iron</b> To quickly combat iron deficiency	60 minutes	€ 90
<b>Eumetabol detox infusion</b> With L-threonine, folic acid, L-lysine-HCl To stimulate the body's own detoxification, to strengthen the immune system and the liver	60 minutes	€ 169
<b>Eumetabol fatigue</b> With Eumetabol Fatigue®, vitamin B, nicotinamide & D-panthenol To calm down and relax body and mind	60 minutes	€ 169
<b>Eumetabol immune infusion</b> With taurine, L-arginine, glutathione, vitamin C To strengthen and regenerate intensively, e.g. after viral infections	60 minutes	€ 169
<b>Glutathione</b> With glutathione To fight free radicals and strengthen the immune system	30-60 minutes	€ 94

A medical anamnesis interview including blood sampling/nutrient analysis is mandatory.

The infusions are individually adapted to your needs and monitored by our medical staff.

<p><b>Myers-Cocktail</b>  With high doses of B vitamins, vitamin C und minerals (magnesium &amp; calcium)  To recover faster after a surgery or an infection</p>	60 minutes	€ 97
<p><b>Procaine bases</b>  With procaine bases  To relax the body and mind, relieve pain and normalize the metabolism</p>	45 minutes	€ 75
<p><b>Procaine bases &amp; NSAIDs</b>  Pain infusion with Vit. B12 and procaine bases, NSAIDs, diclofenac and metamizol  To effectively get out of the pain spiral</p>	3 sessions of 60 minutes	€ 285
<p><b>Procaine bases &amp; vitamins</b>  Individual pain infusion including high dose vitamin C and vitamin B complex, magnesium and folic acid  To quickly relieve pain and support the immune system</p>	3 sessions of 60 minutes	€ 220
<p><b>Vitamin C (30 grams)</b>  To effectively strengthen the immune system</p>	60 minutes	€119



# Trinicum

## Additional services

### General Additional services

plus consultation costs

Acupuncture	€ 25
Ambulatory rehabilitation: equipment usage and service fee per month	€ 220
Blood sampling <sup>2</sup>	€ 25
Electrotherapy excl. electrodes	€ 25
Electrotherapy incl. electrodes	€ 35
Laser therapy	€ 25
Magnetic field therapy	€ 25
Manipulation for joint entanglement	€ 25

<sup>2</sup> Excluding laboratory services that cannot be billed directly to health insurance.

### Orthopedic and trauma surgery ancillary services

plus consultation costs

Shockwave therapy	€ 150
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### Internal medicine additional services

plus consultation costs

Electrocardiography	€ 50
24h long-term electrocardiography (excl. discussion of findings)	€ 125
Exercise ECG (ergometry)	€ 130
Ultrasound carotid arteries (Carotid Doppler)	€ 98
Cardiac ultrasound (echocardiography)	€ 130
Sonography abdomen	€ 90
Sonography thyroid gland	€ 65
Sonography kidney	€ 50
Spirometry	€ 56

### Neurological and psychological additional services

plus consultation costs

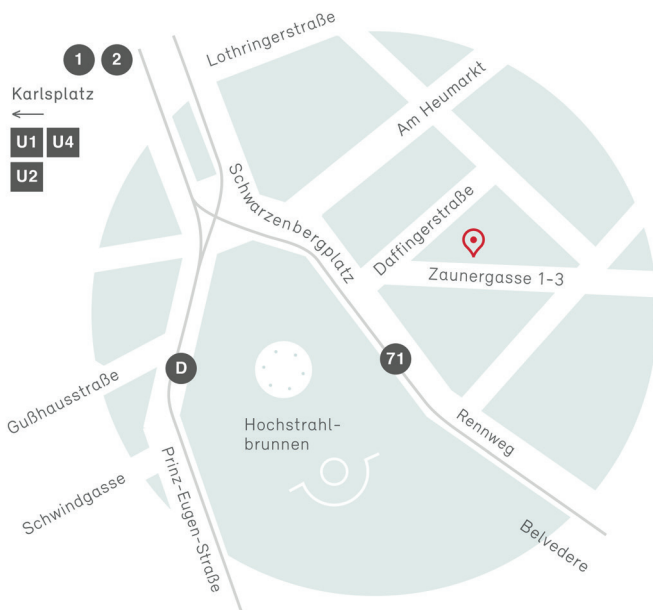
Infiltration neck or head	€ 35
Infiltration neck and head	€ 55
Mini-mental state examination and clock test	
Neural therapy per extremity or entire back	
Schellong test	

#### Note on laboratory services:

For insured persons of the Austrian Social Insurance, laboratory services can be billed directly to the social insurance via the laboratory.

For laboratory services that are not considered health insurance benefits, as well as for persons without Austrian social insurance, the costs are charged directly to the respective patient.

Analysis directory from our partner laboratory: [labors.force.com/analyticservice](https://labors.force.com/analyticservice).



## TRINICUM

Zentrum für Integrative Medizin  
und Schmerztherapie

Centre for Integrated Medicine  
and Pain Therapy

Schwarzenbergplatz 6  
1030 Vienna  
enter via Zaunergasse 1-3  
„Palais Fanto“

### Opening hours:

Mon–Thu from 8 am to 7 pm

Fri from 8 am to 3 pm

Appointments online at [www.trinicum.com/en](http://www.trinicum.com/en) or +43 (1) 907 60 30

Late cancellation fees will be charged for cancellations less than 24 hours  
prior to the appointment.